



LEE COUNTY

MEDICAL
SOCIETY^{INC.}

Physicians Caring for our Community

Bulletin

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LEE COUNTY MEDICAL SOCIETY BULLETIN

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Lee County Medical Society Mission Statement & Disclosure Policy

The purpose of the LCMS is to unite the medical profession of Lee County, FL, into one compact organization; extend medical knowledge and advance medical science; elevate the standards of medical education; strive for the enactment, preservation and enforcement of just medical and public health laws; promote friendly relations among doctors of medicine and guard and foster their legitimate interests; enlighten and alert the public, and merit its respect and confidence.

All LCMS Board of Governors and Committee meeting minutes are available for all members to review.

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University Urology
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LCMS Awards Nomination Form*

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PRESIDENT'S MESSAGE

By, Andrew Oakes-Lottridge



A

As with any tragic and unexpected event, we're often left in the wake of it thinking of what we could have done differently. Could we have recognized the signs of a problem in our loved one earlier? More importantly, should we have recognized the signs earlier? If so, what could we have done differently? This is always the case with difficult to diagnose medical issues, but is even more difficult when that issue is very common and was yet still missed, and when the consequences of missing that diagnosis can be so severe to even include death.

Several weeks ago we in the medical community lost a colleague to depression. Not only were we fellow physicians, but friends and acquaintances as well. As is often the case, family members and friends look for an explanation, some way to understand and put a tragic loss in context, to make sense of it, perhaps even to assign responsibility in order to better accept it, and just as tragically it sometimes results in us blaming ourselves. Our friend and colleague was a young man, with a young family, seemingly with everything to live for... How could we have missed something so serious?

Depression is the most common psychiatric disorder in the world, and is the most common mental health condition that brings patients in to see their primary care doctor. Unfortunately, few patients actually will talk about it with their physicians and instead many will present with other concerns such as a headache, backache, or chronic pain, making the diagnosis that much more difficult. Sometimes the best approach we have is to simply ask outright about a person's mood, with blunt questions being our most effective tool.

In the United States alone, 17% of the population will experience a bout of clinical depression at least once in their lifetime. Those with untreated depression have a lower quality of life, a worse prognosis for any other medical condition with which they might suffer, and a higher risk of suicide.

So what are the warning signs? A depressed mood, loss of interest or pleasure in activities, withdrawing from friends, change in appetite or weight, sleeping too much or too little, excessive fatigue or loss of energy, difficulty concentrating and thinking clearly or making decisions, feeling worthless or suffering from excessive guilt, and of course having recurrent thoughts of death or suicide. The treatment for depression can be very effective and include traditional talk therapy and/or medications. The options are too diverse to go into great detail here, but the important point is that treatment does exist and is available once the diagnosis is made and if the patient is actually willing.

As physicians we have lots of tools to use, and unfortunately these tools often can be time-consuming and are thus not utilized to their greatest effectiveness. They include various screening questionnaires that can help identify somebody with depression or help those individuals recognize depression in themselves. My favorite questionnaire asks two simple questions. Over the last 2 weeks how often have you had a problem with lack of interest or pleasure in doing things? Over the last 2 weeks how often have you felt down, depressed, or hopeless? If the answers to those questions are anything but "hardly ever," then we know there is a potential problem.

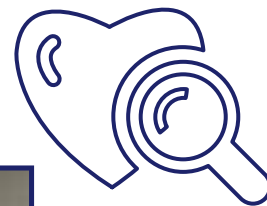
Which brings us back to our dear friend that we lost to this disease. Sadly, sometimes even with the best efforts of family and friends, it can be impossible to recognize the seriousness of the situation, and impossible to convince some to seek or accept treatment. Those cases are so difficult because it reminds us of how helpless we sometimes are. However, I would submit that our largest hurdle is to increase awareness and acceptance of depression as a medical condition. It is the lack of understanding that leads patients and in this case even a physician, to hide their illness and prevents family members from realizing the seriousness of it. If one could describe any silver lining to this terrible cloud, it would be the opportunity that exists to raise awareness.

Sadly, there was something we could have done to prevent the loss of our colleague and the >40,000 other suicide victims annually in the U.S.. We have to be more open to the diagnosis, more willing to pursue and accept treatment, and more attentive to family members' cries for help.



RAMIREZ REPORT

By, Julie Ramirez



Survey Says!

Thank you to our 81 members that participated in our organizational survey. We had 4 winners that received \$25 gift cards: Dr. Larry Hobbs, Dr. Paul Tritel, Dr. Robert Pollack, and Dr. Julio Cornado.



I was so curious about what the survey results would be, that I installed the Survey Monkey app on my smart phone. Just a little nerdy! Here are the results: When asked if how satisfied are you with the value you receive as an LCMS member, 70% of members said that they were satisfied or very satisfied. That leaves 30% members being somewhat satisfied or worse. I see this needing improvement. Fortunately the answers to the rest of the survey help provide the possible solution to this satisfaction level.

When asked “have you ever recommended joining the Society to another physician”, 73% said yes. This is good news as people are more likely to join if they are asked. The top 3 things that are valuable LCMS benefits are: 1. The Bulletin, 2. The Pictorial Directory and 3. Local Advocacy. 65% responded that being too busy keeps them away from attending events. Despite our busyness, if we are going to continue to have meetings and events, what would you as a member like to see? Well survey says—44% would like to see CME’s at meetings, 34% said have to continue having educational topics, 33% said to have family friendly events and 26% would love to have sporting activities. I also like the suggestions of Women in Medicine dinners, travel clubs, Under 40 Member events and happy hours. There’s much potential here. I am excited to explore these ideas and watch membership grow so that we become a stronger physician community!

Did you know?

Both Valerie and I are Notary Publics. Please don’t forget us the next time you have need of notary services.

WHERE IS THIS?

As an attempt to familiarize ourselves with landmarks from around Lee County, we have decided to take a picture and ask you “Where is this”? This is the first of our series. The first 2 LCMS members to guess the name/location of this photo will be recognized in the September issue of The Bulletin and best of all, win \$25 gift certificate! Contact Valerie at the LCMS office with your best guess! 239-936-1645 or valerie@lcmsfl.org



ABOUT THE COVER



Festive lawn ornament from the Midland, Michigan gardens of Carolyn Clark.

PHYSICIAN NEWS



LCMS CONGRATULATES DR. DANIEL BENDETOWICZ

Dr. Daniel Bendetowicz was recently presented with the "Internist of the Year Award" at the convocation ceremony that took place in the city of Boston during the annual meeting of the American College of Physicians, the largest organization of Internal Medicine Physicians in the world. This award is presented to the "physician who has demonstrated outstanding leadership and dedication to the practice of medicine". The meeting is held once a year and physicians worldwide attend to update their medical knowledge. The finest faculty members of the most reputable medical schools lead the educational sessions. The ceremony took place on Thursday, April 30 at the Boston Convention Center.



LCMS THANKS DR. SINGH FOR HIS YEARS OF SERVICE TO THE MEDICAL SOCIETY

The LCMS would sincerely like to say thank you to Kultar Singh, M.D. for his service to the LCMS Board of Governors and for Chairing the LCMS Ethical and Judicial Affairs Committee for many years. Your commitment to the Medical Society has helped to improve your professional medical association.



2015 FMA ANNUAL MEETING DELEGATES

The following FMA/LCMS members are representing the LCMS physicians at the 2015 FMA (Florida Medical Association) Annual Meeting, July 31-August 2nd in Orlando, Florida.

Stuart Bobman, M.D.
Stefanie Colavito, M.D.
Joanna Carioba, M.D.
Elizabeth Cosmai-Cintron, M.D.

Valerie Dyke, M.D.
James H. Fuller, M.D.
Raymond Kordonowy, M.D.
Cherrie Morris, M.D.

Richard Macchiaroli, M.D., Chair
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F. Rick Palmon, M.D.
Shari Skinner, M.D.

NEW PRACTICE - correction

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MOVED FROM AREA

Rachel Metheny, MD

DECEASED

Michael Lowrey, MD
Leonid B. Trost, MD
John J. Klingerman, MD

NEW APPLICANTS



Stephen L. Helgemo, Jr., MD – Dr. Helgemo received his MD degree from Florida State University, Tallahassee, FL in 1992. He completed an internship and a residency at The Johns Hopkins School of Medicine, Baltimore, MD from 1991-1996 and a fellowship in Hand Surgery at The Raymond Curtis Hand Center at Union Memorial Hospital, Baltimore, MD from 1996-1997. He is board certified by the American Board of Orthopedic Surgery in Orthopedic Surgery and Surgery of the Hand. Dr. Helgemo is a physician at the Florida Hand Center located at 13710 Metropolis Avenue, Ste 103, Fort Myers, FL 33912 Tel: 239-424-8910.



Ivan G. Olarte, MD – Dr. Olarte received his MD degree from St. George's University School of Medicine, Brooklyn, NY and Grenada, WI from 1999-2002 and Ponce School of Medicine, Ponce, PR from 2002-2004. He completed a residency at St. Johns Hospital and Medical Center, Detroit, MI from 2005-2010 and a fellowship in Hand Surgery at The University of Mississippi, Dept. of Plastic Surgery, Jackson MS from 2010-2011. He is board certified by the American Board of Surgery in General Surgery. Dr. Olarte is a physician at the Florida Hand Center located at 13710 Metropolis Avenue, Ste 103, Fort Myers, FL 33912 Tel: 239-424-8910.



Maged M. Bakr, MD – Dr. Bakr received his MD degree from the University Cairo, Cairo, Egypt in 2006 and an internship from 2007-2008. He completed a residency at Jersey Shore University Medical Center, Neptune City, NJ from 2009-2012 and a fellowship in Gastroenterology & Hepatology at Norwalk Hospital, Norwalk, CT from 2012-2015. He is board certified by the American Board of Internal Medicine in Internal Medicine. Dr. Bakr is in group practice at Digestive Health Physicians, 7152 Coca Sabal Lane, Fort Myers, FL 33908 Tel: 239-939-9939.



Thomas F. LaPorta, MD – Dr. LaPorta received his MD degree from Albert Einstein College of Medicine, Bronx, NY in 2009. He completed an internship and a residency at North Shore Long Island Jewish Medical Center, New Hyde Park, NY from 2009-2014 and will complete a fellowship in Orthopedic Sports Medicine Surgery at Andrews Research and Education Institute, Gulf Breeze, FL in July 2015. Dr. LaPorta will be joining A. Kagen Orthopedics and Sports Medicine, 8710 College Parkway, Fort Myers, FL 33919 Tel: 239-482-8788 in September 2015.

HURRICANE PREPARATION GUIDE

Hurricane Season is June 1 - November 30



Lee County is a tropical paradise, but along with Florida's year-round sunshine comes the risk of hurricanes. If you haven't created your Family Emergency Plan¹ for hurricanes, now is the time to get started. It's easy with Lee County's tips on what to do before, during and after a hurricane.

Emergency Management's Emergency Operations Center² is the command center for official Lee County emergency information when a hurricane becomes an imminent threat. We've provided useful resources from other county departments, plus links to outside agencies. And remember, a hurricane's high winds can cause power outages that last for days, even weeks. Print copies of must-have reference materials and download those apps now to help protect your family and property.

Please visit the links below for more information on what to before, during and after a Hurricane.

1. Family Emergency Plan

<http://www.leeecoc.com/Preparedness/Pages/familyhurricaneplan.aspx>

2. Emergency Operations Center

<http://www.leeecoc.com/pages/default.aspx>



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FAMILY EMERGENCY PREPAREDNESS

Before hurricane season is the time to develop and practice your emergency plan. The Family Emergency Plan (<http://flgetaplan.com/family.aspx>) is a great tool to help you to create a plan that is specific to your family's needs. Some things to consider when preparing for hurricane season are:

• Know Your Risks

- What Storm Surge/Evacuation Zone do you live in?
- Are you in a flood zone?
- Do you live in a mobile or manufactured home?
- What year was your house built?
- Does your home have storm shutters?

• Prepare Several Evacuation Or Sheltering Options For Your Family

- Shelter at home if it is safe from winds and flood waters.
- Shelter outside of the evacuation area, with a friend or at a hotel.
- Go to a Public Shelter if you have no other safe place to go.

• Prepare Your Emergency Supply Kit Before The Start Of Hurricane Season

- Have ample supplies for each person in the family
 - *Infants and children*
 - *Seniors*
 - *Persons with disabilities*
 - *Pets*

• Secure items in and around your home before tropical storm force winds arrive.

• Be sure all family members know who to call or where to gather if you become separated.

• Let family or friends in other locations know your evacuation plans

APRIL 23, 2015

**LEE COUNTY
MEDICAL
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A RETIRED
LUNCHEON**



Brian & Shari Skinner, MD; Juli & Stuart Bobman, MD; Joanna Carioba, MD; Julie Ramirez, Exe. Dir.; Dr. Alan Pillersdorf; Drs. Denise & Andrew Oakes-Lottridge; John Miksa & Valerie Dyke, MD; Mary & Richard Macchiaroli, MD; Raymond Kordonowy, MD; and William Shofstall, Esq.

MAY 8, 2015

**MEET and
GREET
FMA
PRESIDENT**



Aurora Badia, MD, Peggy Mouracade, MD Joanna Carioba, MD & Ariel Enisman, Esq.

MAY 21, 2015

GENERAL MEMBERSHIP MEETING



Dr. Shari Skinner & Ariel Enisman, Esq.



Stuart Bobman, MD, LCMS Legislative Chair



FREE HELP FOR PATIENTS IN PAIN

By, Alan Gruning, DO, Medical Director

T

The Southwest Florida Free Pain Clinic is the only free clinic in Florida that specializes in the non-pharmacologic treatment of acute and chronic pain.

It is an outreach of Christian Medical Ministries and has been in operation for over 4 years.

According to Alan Gruning, DO, the Medical Director, the clinic utilizes a holistic approach to pain patients. “We seek to address the physical, emotional and spiritual needs of our patients without the use of any medications. By utilizing a team of volunteers, licensed healthcare providers and others we are able to help those who had no hope. It is a blessing to be able to help those in need.”

The medical team includes Dr. Gruning, Physical Therapists and PTA’s, Massage Therapists, Personal Trainers, Chiropractic Physicians, and an ARNP. Therapy includes modalities like Ultrasound and E-Stim. Other treatments include Nutrition and Lifestyle education, natural supplements, counseling and prayer.

Recently, the clinic received a grant from the Dept of Health to expand services. According to Pam O’Dell, Executive Director, the clinic has been operating only one night weekly. “We are going to become a full time comprehensive therapy clinic that can see patients several times weekly. We are creating the template for others to reproduce this concept in their communities.”

The SW Florida Free Pain Clinic receives referrals from ED’s, clinics and social service agencies. Patients

are screened financially according to DOH criteria and must have no insurance and be below 200% of the poverty level. If you would like to refer a patient, they can come on Tuesday nights starting at 5:30 to Fort Myers First Church of the Nazarene at 13545 American Colony Blvd or call 941-677-0277 to get more information.

If you are interested in volunteering, please call us. Volunteers receive Sovereign Immunity and physicians can receive CME credits and a tax receipt for donated services.



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LCMS VOLUNTEERS PERFORM STUDENT ATHLETE PRE-PARTICIPATION PHYSICALS

By, Abbott Kagan II, MD



Saturday, May 16, 2015, volunteers from Lee County Medical Society donated their time to perform student athlete pre-participation physical examinations for the 2015–2016 school term at Bishop Verot High School.

This year we examined 115 student athletes. There were 75 males and 40 females. The exams took about 3 hours to complete, but additional time was required to review the results and make decisions about further referrals. This time requirement does not include set-up time for the facility, nor does it include clerical and administrative time.

In all, we cleared 100 student athletes for sports participation, but referred fifteen (six females, nine males) for further evaluation or followup. Referrals were made to:

Orthopedics – two under active care for ACL reconstructions, one under active care for an ankle injury, one in a cast for a forearm fracture, and two new acute problems for evaluation: knee and back pain.

Two student athletes were referred to pediatric cardiology for evaluation of possible arrhythmia, one to his pediatrician for evaluation of hypertension, another for evaluation of a carotid bruit, and one under active care was referred back to his neurologist for followup of concussion.

Additionally, three student athletes were referred to pediatric orthopedics for evaluation of scoliosis or kyphosis as a new diagnosis.

We are especially thankful that we have been able to provide eye exams as part of our physicals for many years. I would particularly like to thank Drs. Travis Gresham and Tim Underhill who brought equipment to measure not only visual acuity, but also stereoscopic visual function which is extremely important for



LCMS physicians who volunteered to perform student athlete preparticipation physical examinations are, back row left to right: Lee Coghill (FSU family practice resident), Travis Gresham (optometrist), Ray Kordonowy, Paul Liccini, Tim Underhill (optometrist). Front row, left to right: Paul Driscoll, Subhash Pal, Abbott Kagan, and Stu German (PA).

athletes who require high degrees of hand/eye coordination. Eleven students failed stereoscopic vision testing, and were referred for further eye evaluation.

My most sincere thanks to all the physicians who graciously gave their Saturday morning to help these student athletes. You all are the greatest! Year after year you are there for us! Without your assistance, these examinations would never be possible. Special thanks to Hans Smelker (Athletic Trainer) who coordinated the exams.

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MEMORIALS

LEONID B. TROST, M.D.

10/13/1977 – 06/06/2015

Leonid B. Trost, M.D. passed away June 6, 2015. He was born on October 13, 1977. He received his MD degree from The Ohio State University, Columbus, OH. Dr. Trost did his Internship at Cleveland Clinic, Cleveland, a Residency in Dermatology, and a Fellowship at Mohs Micrographic surgery & Oncology, Cleveland Clinic, Cleveland, OH.

Dr. Trost is survived by his wife Alla, three daughters, Zoe, Francine and Shaina. He was a devoted son, husband, father, brother, uncle and a dedicated physician to his patients.

Services were held on Wednesday June 10, 2015 at the Temple Beth El Memorial Gardens, in Davie, Florida.

A memorial fund for the family has been established at <http://gofundme.com/wb3deq4>, however those that wish to avoid the fees collected by gofundme.com can also send a check made out to Mrs. Alla Trost, directly to: 8839 Paseo De Valencia St, Fort Myers, FL, 33908.

The Lee County Medical Society expresses our deepest sympathy to Alla, Zoe, Francine and Shaina and family. Dr. Trost was a member of the Medical Society since January, 2013.

JOHN J. KLINGERMAN, M.D.

05/05/1935 – 05/28/2015

John Klingerman, M.D. passed away May 28, 2015. He was born on May 5, 1935 in Kokomo, Indiana. He graduated from the Indiana University with a BA, Cum Laude. He received his MD degree from Indiana University Medical School in 1960. Dr. Klingerman served his internship at Methodist Hospital, Indianapolis, Indiana followed by a residency in General Surgery – and he began a residency in Urology at Methodist Hospital, Indianapolis, Indiana which was interrupted by a call to the U.S. Army, serving as Captain in the Medical Corps. He returned and completed the Urology Residency in December of 1966. Dr. Klingerman moved to Fort Myers with his family in 1967 and opened a solo practice.

Dr. Klingerman retired from practice in June 2005.

The funeral arrangements will be private.

The Lee County Medical Society expresses our deepest sympathy to his family. Dr. Klingerman was a member of the Medical Society since 1968.

MICHAEL E. LOWREY, M.D.

10/06/1933 – 05/14/2015

Michael E. Lowrey, M.D. passed away May 14, 2015. He was born on October 6, 1933 in Louisville, Kentucky. He graduated from the University of Kentucky with a BS and MS and was a member of Kappa Alpha Fraternity. He received his MD degree from University of Louisville Medical School. Dr. Lowrey served his internship at Medical Center Hospital, Columbus, Georgia followed by a 3 year Internal Medicine Residency at Emory University Hospital. He moved to Fort Myers with his family in 1965 and joined the medical practice of Fred Burford, MD.

Dr. Lowrey served in the U.S. Army and was promoted to Major before his honorable discharge in 1969. He and his family returned to Fort Myers where he returned to practice with Dr. Burford. Dr. Lowrey was elected Chief of Internal Medicine at Lee Memorial Hospital, retiring in 2004.

Michael is survived by his wife Sally, sons, George, Tim, Scott and daughter Beth, step-son Tom Bond, 12 grandchildren and a sister Geraldine Lowrey Jackson of Danville, KY as well as numerous nieces and nephews.

Memorial services and inurnment will be held in Harrodsburg, KY at a later date to be announced.

Donations in memory of Dr. Michael Lowrey are suggested to Hope Hospice, 9470 HealthPark Circle, Fort Myers, FL 33908.

The Lee County Medical Society expresses our deepest sympathy to his wife, Sally, children and their families. Dr. Lowrey was a member of the Medical Society since 1965.

We Appreciate Your Referrals!



From left: Kate Wagner, O.D.;
E. Trevor Elmquist, D.O.; Nina Burt, O.D.

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LIFE AS A RESIDENT PHYSICIAN

*By, Sherry Farag, M.D.,
The Florida State University
College of Medicine Family
Medicine Resident at Lee
Memorial Health System*



Over the past year I have been graciously welcomed into the FSU-Lee Memorial family by many of the doctors, nurses, and staff. I have been a resident for two years and have made friendships through this residency that will likely last a lifetime. Since my last year of residency is approaching quickly, I have decided to venture into the world and begin looking for a job now so I can secure a position and begin to enjoy my last year as a resident.

The future is exciting for a young doctor like myself as I begin to think of ways to pay off my student loans, buy a nicer car, and even a bigger house. However I have quickly realized that these years of residency were likely some of my best years. Being a resident means that I would occasionally make mistakes, learn from them, and look up to our more experienced faculty for help. Knowing that help is always so close is very comforting, but thinking about the future where I will be all alone is a little scary. I have heard in the past that the first year of practice for a family doctor is like the fourth year of residency, and I hope that I would end up somewhere that is as welcoming as Lee Memorial.

During this past year, I have come into contact with many wonderful people who have welcomed me and my fellow residents to be a part of their team. I wrote a similar article last year telling my story. Within one week of the article being published, I was approached by at least five different people who told me that they enjoyed reading it and were hoping that they would run

into me at the hospital one day. I was deeply moved by their reaction. After spending my first year of residency at a large academic center, I was so used to being a “number”. I have found that while at Lee Memorial, people look at my name tag to find my name, ask me what I do or where “my clinic” is located. These generous gestures put a smile on my face.

As we get ready to welcome our third class of residents, I tell people that we will now have eighteen residents or a “full house”. Many people seem so happy to have young doctors who have chosen to call Southwest Florida home for the next three years and possibly longer. It is so exciting being able to pave the way for them, and have these new interns look up to me for guidance.

As a resident, I also have medical students working with me and seeing patients. Their excitement to learn something new every day and being the one to teach them is extremely rewarding. Our patients have also been very cordial to our young students and allow them to fully participate in their care. I am more than happy to share our story about who we are and what we do with anyone that asks. I also tell them to come visit us in “our clinic” on the seventh floor.

Residency has been an exciting and life-altering experience all together. As much as I look forward to the day when I complete my training, I am more emotional about leaving these good years behind to venture in the world on my own. I plan on enjoying every last minute of the year that is left for me in residency.

SHINING A LIGHT ON SKIN CANCER: ALL DOCTORS SHOULD BE ON THE LOOKOUT

N

No matter your specialty, paying attention to abnormalities on your patients' skin may save lives and protect you from potential liability. One in five Americans will develop skin cancer in their lifetime. Because early diagnosis is key, all doctors should act upon unusual or ominous lesions or moles on patients' skin. Suspicious spots should trigger a referral to a dermatologist, because the urgency of the situation can only be determined by expert examination and biopsy.

When appropriate, educate your patients about what to look for while performing self-exams. Brown spots are usually harmless, but not always. Having more than 100 moles puts a patient at greater risk for melanoma. While many melanomas develop in areas exposed to the sun, they also develop in areas that are usually hidden from the sun. Be sure to examine the areas between the toes, underneath the nails, the palms of the hands and soles of the feet, and the eyes.

Lina Feaster, MD, a family practice physician in St. Augustine, Florida, emphasizes the need for awareness: "I once found an unusual dark spot on the sole of a 12-year-old's foot during a complete skin exam as part of a routine well-child physical. I sent the patient to a dermatologist for biopsy, which confirmed melanoma. Having caught this early, his life was spared from this particular lesion. I have never forgotten how important it is to watch out for melanomas not only in adults but also in children. Performing a complete skin exam entails not just examining sun-exposed areas, but also locations you'd least expect to find melanoma, like the sole of a foot."

Here are the "ABCDEs" to look out for in moles or other skin lesions:

Asymmetry: If you draw a line through the mole, both sides should match. If not, the lesion should be evaluated.

Border: The borders of an early melanoma tend to be uneven. The edges may be scalloped or notched.

Color: Having a variety of colors is another warning sign. A melanoma may have brown, tan, black, red, or blue colors.

Diameter: Melanomas are usually larger in diameter than the size of the eraser on a pencil, but they sometimes may be smaller when first detected.

Evolving: Any change—in size, shape, color, elevation, or other trait—or any other symptom, such as bleeding, itching, or crusting, points to danger. Your patients can also take advantage of educational resources from the Skin Cancer Foundation at www.skincancer.org.



Reference - Skin cancer. American Academy of Dermatology. <https://www.aad.org/media-resources/stats-and-facts/conditions/skin-cancer>. Accessed March 19, 2015.

Contributed by The Doctors Company. For more patient safety articles and practice tips, visit www.thedoctors.com/patientsafety.

Got Something to Say or Share?

To submit an article, letter to the editor or a photograph for The Bulletin cover, please contact Valerie at valerie@lcmsfl.org or 239-936-1645. All submissions will be reviewed by The Bulletin Editor.

Please note, we here at the Society office are here for you! If you have a need, a question or a confidential issue to discuss we will do our absolute best to help in any way possible.



Additional News

Miracle VS Palm Beach

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The LCMS will have the 2015–16 Pictorial Directory available in July. Copies will be mailed to each member and to each office manager's mailing address that we have on file. Extra copies will be available for pick-up. Please call ahead to be sure that your directories are ready at 936-1645 or email valerie@lcmsfl.org.

Our new LCMS website will be up and running by July 15! Be sure to visit www.lcmsfl.org to enjoy the new additions.

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In 1981, over 50 local physicians banded together to create a Physicians' Security and Benefit plan. The primary goals were:

- Provide affordable health insurance to employees, physicians and their families
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- Use each others' premium dollars to pay claims for those physicians and their family members who had serious medical conditions
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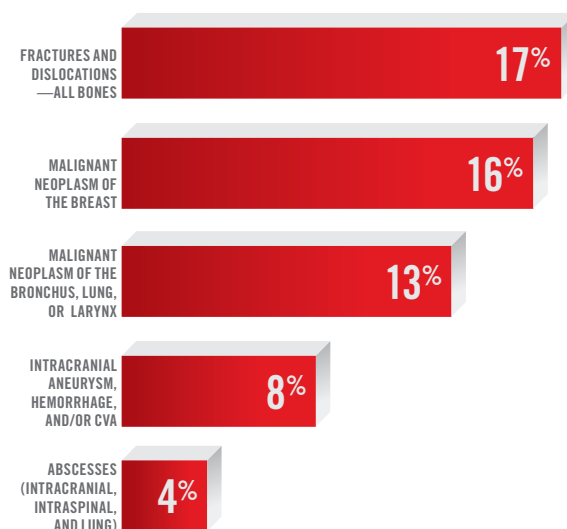
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