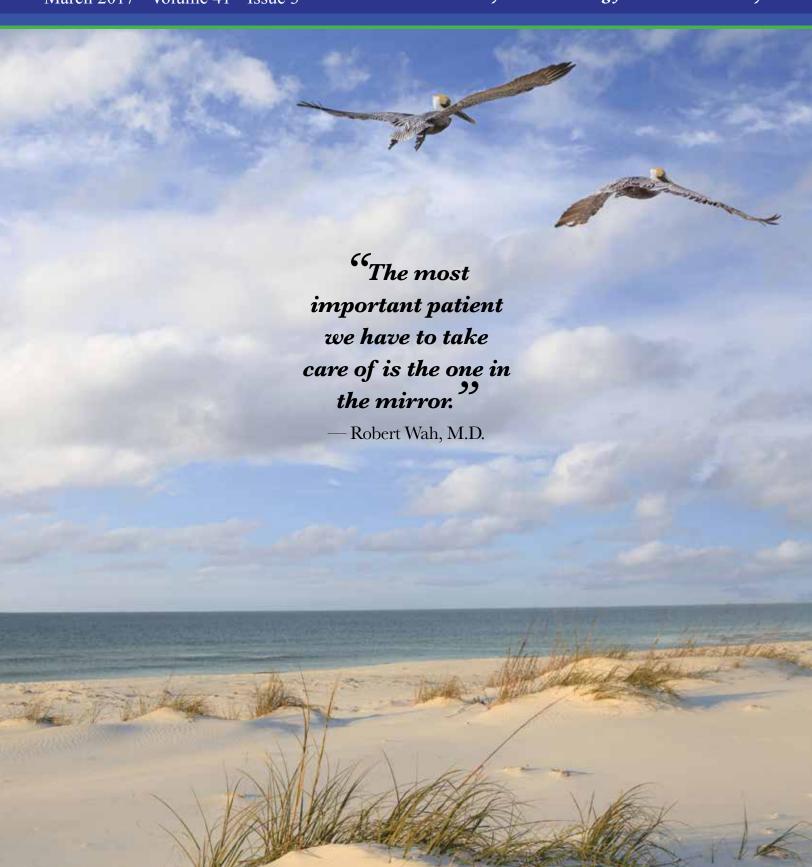
Bulletin

*Editor: John W. Snead, M.D.*March 2017 • Volume 41 • Issue 3



Physicians Caring for our Community





Bulletin

13770 Plantation Road, Ste. 1 Fort Myers, Florida 33912 Phone: (239) 936-1645 Fax: (239) 936-0533 www.lcmsfl.org

The Lee County Medical Society Bulletin is published monthly with the June and August editions omitted.

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Lee County Medical Society Mission Statement & **Disclosure Policy**

The purpose of the LCMS is to unite the medical profession of Lee County, FL, into one compact organization; extend medical knowledge and advance medical science; elevate the standards of medical education; strive for the enactment, preservation and endorsement of just medical and public health laws; promote friendly relations among doctors of medicine and quard and foster their legitimate interests;

enlighten and alert the public, and merit its respect and confidence.

All LCMS Board of Governors and Committee meetings minutes are available for all members to review.

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CALENDAR OF EVENTS

Doctors Day Invitation March Membership Meeting

rsvp online at www.lcmsfl.org or call 239-936-1645

March 10, 2017 - Cocktail Hour at Cru 6 P.M. - 7:30 P.M. **BELL TOWER SHOPS** 13499 S. CLEVELAND AVE, STE 241 (PATIO) FORT MYERS, FL 33907



LCMS ALLIANCE WALK AT LAKES PARK SATURDAY, MARCH 18, 2017 9:30 A.M. 7330 GLADIOLUS DR., FORT MYERS, FL 33908



MARCH 23, 2017 - MEMBERSHIP MEETING CROWN PLAZA 13051 BELL TOWER DR. FORT MYERS, FL 33907 6:30 PM - SOCIAL - 7:00 PM - DINNER



APRIL 27, 2017 - WOMEN PHYSICIANS SPRING EVENT 6:00 - 8:00 PM

Position Available for Bulletin Editor

The Lee County Medical Society will have an opening for a co-editor of our monthly newsletter starting in April 2017. We would love to hear from you if you have an interest in serving as one of our editors. Please contact the Medical Society office by email: valerie@lcmsfl.org or calling our office at 239-936-1645.

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Membership News

NEW APPLICANTS

Sreedhar Gelli, MD - Dr. Gelli received his Medical degree from Gandhi Medical College in Hyderabad, India in 2000. He completed his internship and residency at Mount Vernon Hospital, Mount Vernon, NY from 2007-2010. Dr. Gelli is board certified by the American Board of Internal Medicine in Internal Medicine. Dr. Gelli is in practice with LPG Hospitalist Group, 2776 S. Cleveland Ave., Ste 808, Fort Myers, FL 33901 Tel: 239-343-2052

Quavi Narvel, MD – Dr. Narvel received his Medical degree from Jawaharlal Nehru Medical College, Belgaum, India in 1998. He completed his internship and residency at Detroit Medical Center, Detroit, MI from 2010 – 2014. He is board certified by the American Board of Internal Medicine in Internal Medicine. Dr. Narvel is in practice with LPG Hospitalist Group, 2776 S. Cleveland Ave., Ste 808, Fort Myers, FL 33901 Tel: 239-343-2052

Jonathan Von Koenig, DO – Dr. Von Koenig received his Medical degree from Lake Erie College of Osteopathic Medicine, Bradenton, FL in 2012. He completed an internship and residency in Family Medicine at St. Mary Corwin Southern Colorado, Pueblo, CO from 2012 – 2015. He also completed a Hospice/Palliative Care fellowship at Nathan Adelson University, Las Vegas, NV from 2015-2016. Dr. Von Koenig is board certified by the American Board of Family Medicine and by the American Osteopathic Board of Family Practice. He is in practice with LPG Palliative Care Associates, 8960 Colonial Center Drive, Ste 206, Fort Myers, FL Tel: 239-343-9560

Jennifer Dalrymple, DO – Dr. Dalrymple received her Medical degree from Lake Erie College of Osteopathic Medicine, Bradenton, FL in 2012. She completed an internship and residency at Southern Colorado Family Medicine, Pueblo, CO from 2012 – 2015. Dr. Dalrymple is board certified by the American Osteopathic Board of Family Physicians and the American Board of Family Medicine. She is in practice with LPG/FSU Family Medicine Residency, 2780 Cleveland Avenue., Ste 709, Fort Myers, FL 33901 Tel: 239-343-3831

Shalini Saith, MD – Dr. Saith received her Medical degree from University of the West Indies, Trinidad in 2006. She completed an Internal Medicine internship and residency at Howard University Hospital, Washington, DC from 2009 – 2012 and Nephrology and Transplant Nephrology fellowships at Medical College of Georgia, Augusta, GA from 2012-2015. She is board certified by the American Board of Internal Medicine and the American Board of Internal Medicine-Nephrology. Dr. Saith is in practice with LPG Renal Transplant, 13685 Doctor's Way, Ste 330, Fort Myers, FL 33912 Tel: 239-343-1400

Bonnie Rashid, MD – Dr. Rashid received her medical degree from St. George's University School of Medicine in Grenada, West Indies in 1998. She completed her anesthesia internship and residency at St. Barnabas Medical Center, Livingston, NJ from 1998-2002 and an internal medicine residency at Cabrini Medical Center from 2002 – 2004. Dr. Rashid is board certified by the American Board of Internal Medicine in Internal Medicine. She is in practice with LPG Hospitalist Group, 9981 S. Health Park Dr., Ste 159, Fort Myers, FL 33908 Tel: 239-343-2052

Brian Garrity, DO – Dr. Garrity received his medical degree from Lake Erie College of Osteopathic Medicine, Erie, PA in 2007. He completed an internship and residency at University Hospitals Richmond Medical Center in Richmond Heights, OH from 2007-2010. He is board certified by the American Osteopathic Board of Internal Medicine. Dr. Garrity is in practice with LPG Hospitalist Group, 9981 S. Health Park Dr., Ste 159, Fort Myers, FL 33908 Tel: 239-343-2052

Nemalan Selvaraj, DO – Dr. Selvaraj received his medical degree from Nova Southeastern University in Davie, FL in 2006. He completed an internal medicine internship and residency at Mount Sinai Medical Center, Miami Beach, FL from 2006-2009. From there he completed a cardiology fellowship at Plaza Medical Center in Fort Worth, TX from 2009 – 2012 and an interventional cardiology fellowship at Deborah Heart and Lung Center in Browns Mills, NJ from 2012 – 2013. He is board certified in Internal Medicine and Cardiology. Dr. Selvaraj is in practice with LPG Cardiology, 14051 Metropolis Ave., Fort Myers, FL 33912 Tel: 239-343-9270

MEMBERSHIP NEWS

Moved out of area

Gregory Velat, M.D. Alexander Pogrebniack, M.D. Julia Fashner, M.D. Ivan Abril, M.D.

New Practice

Paul Tritel, M.D. Tritel Concierge Medicine, LLC 6846 International Center Blvd. Ste A Fort Myers, FL 33912 Tel: 239-244-9670 Fax: 239-244-9631

Resigned

Richard Kirley, M.D. Paul Makhlouf, M.D.

It's Pictorial Directory Time!

Please find enclosed a form for you or your office Manager to fill out and return with current practice information that you would like published in the directory. The deadline to return membership update forms will be April 30th. LCMS will publish the information from the last directory if we do not have any reported changes. We encourage you to include your website address and update your photos.

Advertising forms are also included in the Bulletin. Please contact Valerie for more information at 239-936-1645 or email: valerie@lcmsfl.org.

Advertising deadline is April 30, 2017.





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PRESIDENT'S MESSAGE

By Jon Burdzy, D.O.



On January 27th, the Lee County Medical Society (LCMS) held our seventh Annual Medical Service Awards (AMSA). So much great care and service is delivered in our local community that it is only proper to honor those outstanding individuals who truly serve as an inspiration to us all. This year we recognized Dr. Steve Hannan, Dr. Rick Chazal, Dr. Judy Hartner, Dr. Mary Kay

Petersen, Dr. Mark Bloomston and Dr. Mike Katin. In addition non-physicians Elaine Hawkins and our very own Ann Wilke were recognized.

This year for the awards we changed things up a bit. We partnered with The Salvation Army and United Way and integrated the We Care Awards into the AMSA program. For those

of you who are unaware, We Care provides surgical and specialty care to patients in need and without resources. Our community physicians have provided many services including: women's care, cancer surgeries, and joint replacements. It is estimated that since the program was started in 2010 our physicians and partners have provided nearly \$60 million dollars in care. Joint Implant Surgeons of Florida were 2016 recipient of We Care Award. The proceeds from the banquet will be split between We Care and the LCMS foundation to fund our new Physicians Wellness Program. The final numbers are not yet in, but it looks like we will have raised about \$16,000 dollars for these endeavors.

When I think on physicians such as those we honored, I am always awed at the depth of expertise and compassion our colleagues

possess. At times when I become cynical about our profession, and wonder why I didn't choose another vocation, I reflect upon doctors like these who have come to serve as role models and an inspiration. They help me realize that what we do is worthy, and that there is no better and more intellectually challenging, not to mention humane, profession than that of which we are all a part.

It also helps to remember those who have gone before us. We presented our third ever posthumous award, in remembrance of a physician colleague, in honor of Dr. Jack Bartlett. The only other times we had given this award was in memory of Dr. Bob Arnall and Dr. Alan Siegel.

I was the guest of the late Dr. Alan Siegel at the first LCMS event I ever attended. It was circa 1996 or 1997 when I was a medical student at Nova Southeastern College of Osteopathic Medicine and had the opportunity to perform some of my student training in Fort Myers, based out of the old Gulf Coast Hospital. I must admit the meeting intimidated me. The medical student in the short white coat and cheap tie, from a barely known medical school, being kindly introduced by Dr. Siegel to what I recall being a packed room of esteemed physicians. But Alan was a great anchor - reassuring, tremendously friendly, and encouraging - a doctor's doctor.

Intimidation (real or perceived) by attending physicians aside, what a great time of life being a student was. Interacting with patients, learning to treat them, coming to grasp the intricacies of this amazing machine we inhabit. All with no real responsibilities. There was always someone higher up to look after me and correct my errors, not to mention take the blame when things went bad. I was also single, too much of a knucklehead and too focused on my training to become overly involved. Thus I had no worries about family/work balance.

But of course things change. I am now a father and husband and full-fledged physician. I would not trade the life I now have for the one I lived then. The pleasures are different, the

challenges and responsibilities greater, as are the rewards. I think of this daily when I am with my family, but also when I work with medical and ARNP students. I was once the kid in the short white jacket with embroidered patch on the shoulder and bad tie. Now I rarely wear a tie and usually only put on the white coat when I need to look like a 'real' doctor. (I rarely wear a tie or white coat to work because they are not laundered daily, unlike my regular work clothes which are washed after each day, but that's a different discussion. Germs.)

"It seems like I've been here before; I can't remember when; But I have this funny feeling; That we'll all be together again. No straight lines make up my life; And all my roads have bends; There's no clear-cut beginnings; And so far no dead-ends. . . . But I can't tell you why; Season's spinning round again;

> Last fall I received an e-mail from Barbara Siegel, Alan's widow and long time accountant for LCMS, asking if she could put me in touch with her

son Michael who was interested in becoming a physician. He graduated from UF and was teaching in Chicago while preparing his medical school applications. Michael shadowed me for a few days and asked me to write a letter of recommendation. I gladly did so. Two weeks ago I heard he had been accepted into two medical schools and was waiting to hear from others. I am honored to have had my little part in this future physician's formation. And also amazed by the circularity - I had the joy of mentoring the son of a man who mentored me.

All of our lives have these patterns. We don't often realize the impact we have on others, especially the young. The random act of kindness, the off-the-cuff comment, or just sitting down and going over an ECG tracing with a student- all have great meaning. But more important is our comportment when we interact with our patients. We lead by example and are judged by how we treat the least of our fellow humans. When I think about the physicians who have mentored me, and see the outstanding work our colleagues perform, I think of this continuity and also my responsibility to keep this circle unbroken.

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All my life's a circle;

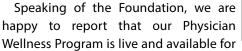
The years keep rollin' by."

- Circle, Harry Chapin

have to say it's a tough act to follow Dr Burdzy' moving article about circles! This past month I have been making more public appearances to expand LCMS's circle of friends. To say that the Annual Medical Service & We Care Awards (AMSA) dinner was a rousing success is an understatement. It could not have been such a success without the following people that I would like to thank. Thank you to Dr. Craig Sweet for his vision to involve the community; thanks to the AMSA committee members, LCMS staff and volunteers that helped the night, with over 230 attendees, run as smoothly as possible. I would also like to thank our sponsors for their generosity; our silent auction and swag bag item donors for their unique gifts; and to our financial donors for this worthy endeavor. Next year's AMSA will be on January 26, 2018.

If you haven't been to the latest happening event with LCMS, then you've been missing out, my friend! I am talking about the monthly cocktail hour at CRU! Our first event was January 13th. We had 30 people in attendance who enjoyed seeing each other and chatting over food and drink. Our latest cocktail hour in February had about 25 people and of the 25 that were there, only 3 of us where in attendance in of January! Join us for our next event March 10th at CRU from 6-7:30pm. Bring a new perspective member, bring your

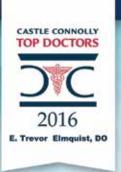
spouse, or a friend and enjoy chatting with your fellow physicians. Just as a head's up, we will be doing a 50/50 raffle raising money for the Lee County Medical Society Foundation!





our Society members. We are the 2nd county in Florida to start this program. Each LCMS member is eligible to receive 6 free psychology visits per calendar year. If you are dealing with family issues, relationship problems, work-relate difficulties, depression, anxiety, or burnout-stress management issues, please use this benefit. The Society will never be made aware of anyone who uses this benefit. We have a strong trusting relationship with the 2 psychology groups that have been interviewed and vetted. For more information, please visit our website at: http://lcmsfl.org/en/pwp.

And as this article goes to print, I will be in Tallahassee meeting with our local legislators. This is a first experience for me and I will be excited to share upon my return.



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From left: Nina Burt, O.D.; Sarah Eccles-Brown, M.D.; E. Trevor Elmquist, D.O.; Kate Wagner, O.D.

Annual Medical Service & We Gare



Awards Event

Janaury 17, 2017



Physician & Non-Physician Award Recipients

JANUARY 27, 2017

Non-Physician Appreciation Award

Ann Wilke, is a retired Executive Director of the Lee County Medial Society. She held the LCMS position from 1974 to 2015. Prior to that, she was a medial assistant for Orville Blank, M.D., for two years beginning in 1972. She was also the office manager at Donalson, Howington & Mattingly, P.A., for six years.



Distinguished Layperson's Service Award

Elaine Hawkins, CRM, is President & CEO of Private Client Insurance Services. Ms. Hawkins received her Bachelors of Arts Degree in Psychology from the University of Miami, FL. She holds the designation of Certified Risk Manager and Licenses for General Lines Property and Casualty Insurance and



Real Estate Broker. She is a member of the Risk and Insurance Management Society, and serves on a Real Estate Advisory Board for the global insurance organization AIG.

We Care Award

Joint Implant Surgeons of Florida specializes in comprehensive orthopedics. All surgeons are fellowship trained in their sub-specialty, having completed additional training beyond the typical orthopedic residency preparation to be "experts" in the industry. The firm is one of the largest practices in the country



performing total joint replacement, and one of the few practices offering anterior hip replacement procedures. Joint Implant Surgeons of Florida has in-kind donations of \$1.63 million since they began participating in the We Care program in 2009.

Scientific Achievement Award

Michael Katin, M.D. is a Radiation Oncology Physician at 21st Century Oncology. He graduated from University of Pennsylvania School of Medicine. He performed his Internal Medicine residency at Lankenau Hospital, Philadelphia, and his Radiation Therapy residency at Massachusetts General Hospital. He completed a fellowship in Renal



and Electrolyte Disorders at Lankenau Hospital, a fellowship in Medical Oncology and Hematology at the National Cancer Institute/National Institute of Health. Dr. Katin is certified by the American Board of Radiology, and the American Board of Internal Medicine, Hematology, Geriatric Medicine, Medical Oncology and Internal Medicine.

Leadership & Professionals Award

Stephen Hannan, M.D., is a Pulmonary and Critical Care Medicine Physician at Pulmonary, Critical Care Sleep Medicine Specialists of SW Florida, a Division of 21st Century Oncology LLC. Dr. Hannan received his medical degree from the University of Florida, Gainesville, Florida. He performed his internship/residency



at the Mary Imogene Bassett Hospital, Cooperstown, New York. He completed his fellowship in Pulmonary and Critical Care Medicine at the University of FL, Gainesville, Florida. Dr. Hannan is Board Certified by the American Board of Internal Medicine.

Health Education Award

Judith Hartner, M.D. is the Retired Director of the Florida Department of Health in Lee County. Dr. Hartner worked at the Florida Department of Health for 22 years. She graduated from Hahnemann Medical College, Philadelphia, Pennsylvania. She preformed her internship at Geisinger Medical Center, Danville, Pennsylvania. She completed her residency at the University of Hawaii, Honolulu, Hawaii. Dr. Hartner is Board Certified by the American Board of Family Practice



Lifetime Achievement Award

Richard Chazal, M.D., FACC, FACP, FASE is an Invasive Cardiologist and the Medical Director of the Heart and Vascular Institute at Lee Physician Group/Lee Health. Dr. Chazal, earned his medical degree from the University of South Florida. He completed his internship and residency at the University of South



Florida in Tampa, Florida. Dr. Chazal completed his cardiology training at the Indiana University School of Medicine and the Krannert Institute of Cardiology, including a one-year fellowship in echocardiography. Dr. Chazal is Board Certified in Internal Medicine, Cardiovascular Disease and Echocardiography.

Rising Physician Award

Mark Bloomston, M.D. is a surgical oncologist at 21st Century Oncology. Dr Bloomston received his medical degree from the University of South Florida, Tampa, Florida. He performed his General Surgery Internship at the University of South Florida. Dr. Bloomston performed his Research Fellow Residencies in Pancreatic



Cancer and General Surgery at the University of South Florida, Tampa, Florida. He completed his fellowship in Surgical Oncology at the Ohio State University. Dr. Bloomston is Board Certified by the American Board of Surgery.

Citizenship and Community Service Award

Mary Kay Peterson, M.D. is the Director of the Women's Imaging at Radiology Regional Center. She graduated from Case Western Reserve University School of Medicine. She performed her radiology residency at University of Florida Health Sciences Center, and has completed a fellowship in Women's



Imaging (mammography and ob-gyn ultrasound) at Beth Israel Deaconess Medical Center and Harvard Medical School. Dr. Peterson is certified by the American Board of Radiology.

In Memory of an Outstanding Physician Award

Jack Bartlett, M.D., was the founder of Physicians' Primary Care of Southwest Florida. Dr. Bartlett received his medical degree from the University of Florida, Gainesville, Florida. He completed his internship at Jackson Memorial Hospital in Miami, Florida. He performed his residency at the University of Florida and the



University of California. Dr. Bartlett was certified by the American Board of Pediatrics. Dr. Bartlett passed away in 2016.

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MILLENNIAL MEDICINE: Approaching Life Through the Paradigm of a Thematic

Out of the night that covers me,

Black as the pit from pole to pole,

I thank whatever gods may be

For my unconquerable soul.

In the fell clutch of circumstance

I have not winced nor cried aloud.

Under the bludgeonings of chance

My head is bloody, but unbowed. Beyond this place of wrath and tears

Looms but the Horror of the shade,

And yet the menace of the years

Finds and shall find me unafraid.

It matters not how strait the gate,

How charged with punishments the scroll,

I am the master of my fate,

I am the captain of my soul.

— "Invictus" by William Ernest Henley (1888)

his month I had the dubious pleasure of turning 30 years old. Walking down the hallways at work, I was hailed at regular intervals by friends, colleagues and co-workers. Some addressed me with words of congratulations, others with a comforting hand on the shoulder to make sure that this major landmark in aging hadn't been too

tough on me. The variety of comments were so diverse that there was but one unifying principle that tied them all together: turning 30 seemed to be an event of unanimous significance.

After pondering this for a while, it occurred to me why this must be so: all the decades of our lives seem to have themes that we ascribe to them, both individually and societally. The stark contrast between the theme of a man in his 20's and the theme of a man in his 30's seemed to be the driving thought behind every remark, irrespective of whether the remark was positive or negative.

One truth about life I've come to believe in my 30 years is that in order for our lives to be most meaningful,

we must have themes and narratives undergirding them. In other words, the way we tell the story of the past events of our lives has as much or more of an impact as the actual content of those events. Similarly, the story we tell ourselves about what is currently happening, why it is happening and what it is leading us to often determines our affect and outlook on life as much as the events that are happening. There is something within the human spirit that yearns for meaning, for purpose and for a legacy. As physicians, we can do much to treat the ailments of the body, but often we are perplexed by the ailments of the mind and of the soul. For example, we are often curiously intrigued when we see two different patients with almost identical medical pathologies who are affected by their illness in diametrically opposite ways. Even while the objective metrics of these patients may be identical, often the subjective narrative about how the pain, the dysfunction or the disability is affecting them is widely different. You can learn so much about a patient - or any person for that matter - from their narrative, from the thematic tone of their paradigm of life.

Take ourselves, for example, Sometimes as physicians, we are so immersed in the depth of our work that we can't see the forest for the trees. Sometimes we are the ones, even more than our patients, that need to reevaluate and reconnect with our narrative. If you're skeptical of that, then ask yourself the following questions and gauge your level of satisfaction with both the readiness and the content of your spontaneous answers. What is the thematic narrative you will tell about the way you choose to live the next ten years of your life? Which life priorities are necessary chapters of that story and which tasks, goals or accomplishments can be deferred, delegated or discarded? What is the driving purpose in your work as a physician? Does it give you a tangible, visceral satisfaction or is it burdensome? On those bad days, those hard days, what is the thing that will be driving you forward? And finally, at your funeral, what will the eulogist say about this current decade of your life? You'd be surprised by how many brilliant, driven, hardworking physicians don't have answers to those questions.

At age 29, I was definitely one of those physicians lacking concrete answers. Yet now, at age 30, I've made it a priority to stop and answer those questions. While it takes courage and intention, they are important for each of us to ask of ourselves because so much is at stake. In a nation where there is an epidemic of physician burnout, there are many risk factors leading to undue stress and internal angst amongst physicians. Yet one of the most profound causes is likely a pervasive deficiency, erosion or atrophy of our sense of purpose. It's so easy to allow external forces beyond our control to redefine the themes of our lives, effectively transforming us from the authors of our stories to the victims of them. Once we proudly told a positively themed narrative of medicine as a journey replete with selfless service, the joy of learning, and the courageous overcoming of obstacles to health and wellness. Now perhaps

some of us would tell a less tasteful story based on the themes of perpetual busyness, financial stress and diminution of family and personal interests. Both stories have elements which may be true; what is important to recognize is that they lead to two entirely different paradigms of medicine and

of a physician's daily reality. One leads to a perseverance of purpose, the other is a prescription for physician burnout. The good news is



that while there are many things we cannot control in medicine, we can always control how we chose to view our adversities, and how we chose to view their ultimate purpose in our life story.

Perhaps no work of literature demonstrates this concept better than Invictus, a short Victorian poem written by the late English poet William Ernest Henley. After overcoming a childhood plagued by poverty and trauma, Mr. Henley found himself in 1875 with a leg requiring amputation secondary to

complications from tuberculosis. Surgeons recommended amputation of his remaining leg as well, but Mr. Henley fought strongly to save the second leg. He underwent several surgical operations and fortunately his second leg was able to be saved. During this trying period of his life while recovering in the British infirmary, he felt moved to write his most famous poem, Invictus, which I have placed here for your consideration. As it so eloquently declares, ultimately we alone choose the way we write the stories of our lives; we alone have the grave responsibility to be the "captains of our soul[s]".







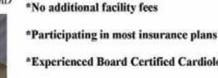






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LEE COUNTY MEDICIAL SOCIETY NEW MEMBERSHIP BENEFIT PHYSICIAN WELLNESS PROGRAM



TAKE CARE OF YOUR PATIENTS BY TAKING CARE OF YOURSELF

The Physician Wellness Program (PWP) was designed as a safe harbor for physicians to address normal life difficulties in a confidential and professional environment.

WHY WAS THIS PROGRAM CREATED?

Being a physician isn't easy. Difficulties with the current health care delivery system, maintaining a healthy work/life/family balance, and dealing with the normal stresses of everyday life can take their toll on physicians.

We serve not only as treating physicians, but many times as counselors to our patients who turn to us for guidance. Who do we turn to when we need to talk through an issue or get some coaching for how to handle stress in our life?

Too often the answer is "no one," and that is

Too often the answer is "no one," and that is regrettable because it is imperative that we be as healthy as possible in our role as health care providers.

We deserve to function at our best in all areas of our life. By addressing areas of difficulty, we can decrease our stress levels and increase our levels of resilience.

Some examples of those difficulties include:

- Family issues
- Relationship problems
- Work-related difficulties
- Alcohol/drug abuse
- Depression&anxiety
- Difficulty managing stress
- Mood swings
- Suicidal thoughts

HOW PWP WORKS

We have contracted our program with two independent psychology groups. They will provide counseling to active physician members of the Lee County Medical Society, up to six visits in a calendar year. Non-emergency sessions will be scheduled during regular business hours. Emergency sessions can be scheduled on a 24-hour, 7 days-a-week basis.

Our providers will maintain a confidential file for each physician, but no insurance will be billed and LCMS will not be given any information about those who utilize the program. As such, this program is completely confidential which is crucial to its success. LCMS will pay a monthly bill based on the number of sessions provided. LCMS membership will be verified from the physician finder on the LCMS webpage.

TO MAKE YOUR APPOINTMENT

- 1) View our vetted Psychologist selections on our website at www.lcmsfl.org
- Call the provider of your choice and identify yourself as a member of Lee County Medical Society and that you are utilizing this benefit.

PWP Benefits

This program is a LCMS membership benefit.

6 free sessions each calendar year

Complete confidentiality

Convenient two locations: Fort Myers & Naples 24/7 availability

Lee County Medical Society, 13770 Plantation Road, S 1, Fort Myers, FL 33912 Tel: 239.936.1645 Website: www.lcmsfl.org



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CHANGE SERVICE REOUESTED

LCMS Member Dues

The 2017 LCMS membership dues were payable by January 1, 2017. You or your group can pay at http://www.lcmsfl.org/en/join or call 239-936-1645. To pay your FMA dues, go to flmedical.org, and to pay your AMA dues go to ama-assn.org

Together We Are Stronger

